

Talkeetna Theater celebrates grand reopening Saturday



Ceremony starts at 6 p.m. and includes free ice cream and reduced refreshment prices. See your first sergeant, ASYMCA or AAFES Customer Service for tickets to the free showing of “Over the Hedge” at 7 p.m.

- See page 12 for more movie info

PHOTO BY SENIOR AIRMAN GARRETT HOTHAN



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Japanese sailors, Arctic Warriors promote good will
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Brig. Gen. Hawk Carlisle
3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done? The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224

actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

- Col. Mike Hass, 3rd CES/CC
552-3007
- Lt. Col. David Aupperle, 3rd SVS/CC
552-2468
- Lt. Col. Robert Garza, 3rd SFS/CC
552-4304

Members concerned with choice in clinics

Q: My husband, who is retired, and I have Tricare and use the base hospital.

We received a letter in the mail the other day regarding upcoming deployments of medical providers and staff at the base hospital.

We were advised that we would be provided medical care from an off-base provider from May 2006 to Oct or Nov 2006. While being a military family, we understand deployments and undermanned staff. What we don't understand is the clinic we have been assigned to for medical care during this time.

We have been assigned to the Neighborhood Health Clinic in Fairview.

Retirees (unlike active-duty military) pay a yearly payment just to be able to use Tricare.

What I am wondering is ... do the people who make these arbitrary decisions about the clinics we retirees and some family members will be allowed to use during this period of time have a clue to what they are doing? Do they think that family members or retirees should be sent to the neighborhood "free clinic" downtown in one of the worst parts of town? Is this any way to treat active-duty members, family members or retirees and their families after their military duty?

My husband made phone calls to the numbers listed on our letter to see about changing this to no avail. The general consensus after speaking to several people on the phone was that nobody really cared. He was also told this is the way it is and it is not going to be changed.

Don't you think this is a pretty pitiful way to treat your patients just because it is probably the "lowest bid" given to the Air Force? Please rest assured, this will not be the only complaint you receive on this matter.

A: Thank you for your concern about our hospital temporarily as-

signing approximately 5,400 of our beneficiaries to local civilian providers while we support our warfighting responsibilities. This process has been very difficult and has taken a significant amount of thought and planning by our TRICARE and medical staffs.

The selection of clinics was based on several key factors including that they must be authorized by TRICARE; the provider expresses a willingness and capacity to support and ability to meet the TRICARE standards; and the proximity between the provider and you, our beneficiaries.

First, to be TRICARE authorized, the health care provider must be appropriately licensed or certified and have graduated from a regionally accredited university. At the Anchorage Neighborhood Health Clinic, all of the providers hold board certification in their medical specialty. In addition, the ANHC undergoes an Effectiveness Review every five years by the Bureau of Primary Health Care Division of Health Resources and Services Division, U.S. Health and Human Services.

Second, the ANHC has, through our survey expressed the willingness, capacity to support, and ability to meet TRICARE access standards. As such, they were included in the pool of providers to support this deployment. The ANHC met all these requirements plus had adequate capacity to support a large number of our beneficiaries.

While many may believe otherwise, we've looked carefully at the ANHC and can honestly say that it is not a "free clinic." It is a federally subsidized clinic that serves anyone

— people with Medicaid, Medicare, public and private insurance, as well as the uninsured. In fact, cost was not a factor in determining beneficiary assignments, especially considering that TRICARE reimburses at the same rate regardless of the provider or clinic.

Finally, assignments were made based on zip codes. We tried to make it as convenient as possible by using multiple providers from Willow to Anchorage. We placed people with providers who are close to their homes, reducing their travel time to be seen and cared for. In some cases that does mean the facilities are not as current as our hospital is but I assure you that although ANHC facilities are older and less aesthetically pleasing than the Elmendorf Hospital, we are confident our beneficiaries will receive compassionate, high-quality health care from its staff.

In addition, ANHC has a first-class track record as a TRICARE authorized provider over the past 10 years.

Since there is some concern among our beneficiaries, to ensure good communication and promote confidence, we are arranging for a military liaison to be located in ANHC clinics.

Our number one concern is providing timely access to high quality health care for all of our beneficiaries be they officer or enlisted; active-duty, reserve, guard or retired; without regard for careerfield. To accomplish that goal this summer we've had to take this temporary step and we are truly grateful for the overwhelming, voluntary support from the local community.



Steve Frere, 3rd Civil Engineer Squadron, acted as the lead mechanical engineer on the \$84 million C-17 Dual Bay Maintenance Complex which was recently awarded on time and within budget. Mr. Frere designed an unprecedented corrosion control bay ventilation system. This unique design required buy-in at bioenvironmental, the Fire Dept and Pacific Air Forces. His design is a first for the Air Force in northern climates and will save approximately \$280,000 per year in energy costs.

Senior Airman Nathan Gamble, 3rd Component Maintenance Squadron, troubleshooted an aircraft head-up display on the electronic systems test set. He used complex wiring schematics to isolate the malfunction to several broken wires on the chassis connector. Applying soldering techniques, Airman Gamble repaired the broken wires and returned the mission-critical asset to service. His efforts saved the 3rd Wing over \$11,000 in depot exchange costs and filled a vital F-15 requirement for sortie completion.

Steve Mate, 3rd Equipment Maintenance Squadron, acted as the main point of contact representing one of the primary users of the recently awarded \$84 million C-17 Dual Bay Maintenance Complex. Mr. Mate was responsible for laying out all critical shop areas in the facility and validating user requirements. His efforts optimized usage of available square footage, and ensured functionality between complex operations was maintained. His work was key to the ability to award the project.



Sourdough Sentinel

Editorial Staff

Brig. Gen. Hawk Carlisle

3rd Wing Commander

Lt. Col. Michael T. Halbig

Chief, Public Affairs

Staff Sgt. Francesca Popp

NCOIC, Internal Information

Senior Airman Jared Marquis

Editor

Airman 1st Class De-Juan Haley

Photographer

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The deadline for article submissions to the *Sourdough Sentinel* is 4 p.m. Friday. Articles will be published on a space-available basis and are subject to editing by the *Sourdough Sentinel* staff. Submission does not guarantee publication.

For more information, call the *Sourdough Sentinel* office at 552-2493 or 552-8941, e-mail: sourdough.sentinell@elmendorf.af.mil, fax us at 552-5111, or write to us at: 3rd WG/PA, 10480 22nd St. Ste. 119 Elmendorf AFB, AK 99506

Elmendorf Moment in History

May 3 1970:

The 604th Special Operations Squadron flew its last A-37A combat test sortie. More than 165,000 combat test sorties were flown by 3rd Wing pilots in the A-37A from 1965-1970.

Elmendorf Airmen deploy throughout globe

By Capt. Eric Badger
3rd Wing Public Affairs

Approximately 180 Arctic Warriors departed the base May 6 from the Elmendorf Air Force Base Joint



PHOTO BY AIRMAN JONATHAN STEFFEN

Staff Sgt. Jason Allen, 381st Intelligence Squadron, looks at pictures of his family as his plane prepares to depart Elmendorf. Sergeant Allen is one of approximately 180 Airmen who left for their Air Expeditionary Forces rotation.

Mobility Complex to begin their Air Expeditionary Force 1 and 2 deployments in support of Operations Enduring and Iraqi Freedom.

Deploying base members included representatives from various units such as the 3rd Logistics Readiness Squadron, 3rd Civil Engineer Squadron and the 3rd Maintenance Group.

They join about 240 Elmendorf Airmen currently deployed to more than a dozen locations around the world.

Elmendorf units support AEF rotations 1-4, as well as rotations 7 and 8. However AEF rotations 1, 2, 7 and 8 have the largest numbers of Elmendorf Airmen postured for deployment, according to Mr. Thomas Warren, Elmendorf installation deployment officer.

"The AEF deployments from Elmendorf cover the globe," he said. "From Afghanistan, Iraq and Kuwait to Germany and South America, we're there."

The base currently has about 700 Airmen tasked to deploy and



PHOTO BY SENIOR AIRMAN GARRETT HOTHAN

Tech. Sgt. Michael Fernandez, 3rd Communications Squadron spends time with his wife, Staff Sgt. Rosio Piz, 3rd Medical Operations Squadron, prior to leaving for deployment. Sergeant Fernandez joins about 240 Arctic Warriors deployed to more than a dozen locations throughout the world.

scheduled to depart by the end of the month, said Mr. Warren.

Overall, the base has approximately 2,500 Airmen standing ready to support AEF 1 and 2, he said.

Senior Airman Amber Adams, 3rd Communications Squadron ground radio technician, deploying to Iraq noted that "I'm excited to finally have my turn to do my part. I look forward to learning new equipment and new ways to do my job."

According to Capt. John Proctor, 3rd Operations Support Squadron intelligence weapons officer, deploying to an undisclosed location

in Southwest Asia, the opportunity to contribute to the Global War on Terrorism is a humbling experience.

"Because this is such a big responsibility, I'm nervous and excited," he said. "I can't wait to get there to start making a difference. I intend to get a better perspective of how we use airpower in a deployed environment, and bring that knowledge back home to assist in training our people."

The AEF 1 and 2 deployment rotation began May 1 and will continue until approximately September 1.



PHOTO BY STAFF SGT. RHIANNON WILLARD

2006 National Prayer Luncheon

Chaplain (Brig. Gen.) Cecil Richardson, Deputy Chief of Air Force Chaplain Services, speaks at the 2006 National Prayer Luncheon April 28 in Hangar 5. Chaplain Richardson was the guest speaker. About 525 people showed up for the luncheon where the message was "So help me God."

The National Prayer Breakfast's origins date back to 1942 when our nation was at war. Members of the United States Senate and the House of Representatives would gather together during breakfast to pray for our nation. Since then members of Congress have continued to meet and pray together. For the past 32 years, military members and civic leaders continued this tradition with their own local prayer breakfasts or luncheons. They are opportunities to reaffirm the moral and spiritual values upon which our nation was founded.

Brig. Gen. Hawk Carlisle, 3rd Wing commander led the "Prayer for our troops."

3rd Wing Safety Day

The 3rd Wing will kick-off the 101 Critical Days of Summer with a Safety Day on May 15.

The purpose of this day is to set aside some time for commanders, supervisors, and individuals to focus on both on-duty and off-duty safety concerns.

Safety is the responsibility of every member of Team Elmendorf.

Safety Day will start with a Spirit Run followed by the 3rd Wing foreign object damage walk.

More details are available from the respective points-of-contact.

Schedule of events

7-9 a.m. – Spirit Run

POC: 2nd Lt. Jerry Yarrington, 551-0007

9-11 a.m. – Foreign Object Damage Walk

POC: Master Sgt. Ken Klippenstein, 552-1549

Wing Safety Day presentation at Base Theater

3rd Mission Support Group –

11 a.m. and Noon

3rd Maintenance Group – 1 and 2 p.m.

3rd Operations Group (including Flight Safety and SOF meeting – 3 p.m.

**All others may attend any of the above briefs*

Supervisor Safety Training

(just show up and sign in)

8 a.m. -10 a.m. – Base Theater

2 p.m. - 4 p.m. – Susitna Club

POC for Wing Safety is

Maj. Steve Ankerstar, 552-3389

PPE required by motorcyclists

By Capt. Brian Hurey
3rd Wing Legal Office

With summer just around the corner, more and more people will be out enjoying Alaska on their motorcycles.

Although Alaska law does not require individuals over the age of 18 to wear Personal Protective Equipment (PPE), active-duty members are required to wear PPE at all times – both on- and off-base. Motorcycle safety does not begin and end at the front gate.

Elmendorf Base Traffic Code and AFI 91-207, which apply to Air Force personnel on- and off-base and to anyone riding a motorcycle on-base, mandate that all motorcycle riders wear appropriate PPE whenever they operate a motorcycle.

At a minimum, an operator must wear a helmet with impact resistant goggles or a full-face shield, long sleeves, full-length pants, full-fingered gloves, sturdy footwear and a reflective vest that is either orange or lime green with a minimum of 138 sq. in. of reflective material.

The vest cannot be covered with a backpack or any other object.

Although staying safe should be enough motivation to wear PPE, failing to wear PPE, on- or off-base, could result in the loss of substantial government benefits should a person be injured in an accident.

The bottom line is active-duty riders must wear PPE at all times.

If an active-duty member is injured while riding on or in control of the motorcycle and is not wearing his or her PPE, the Air Force will initiate a Line of Duty determination to ascertain whether the rider or operator was injured as a result of his or her own misconduct.

Failure to wear PPE may be construed as individual misconduct. Upon such a finding, the individual will be subject to a loss of substantial government benefits, including forfeiture of disability retirement and severance pay, among others.

Additionally, the Department of Veteran Affairs may use a member’s official military records, including an LOD determination, when determining eligibility for veteran’s benefits.

It is mandatory that motorcycle operators wear their PPE both on and off base.

In addition, all personnel must have official Motorcycle Safety Foundation training prior to riding.

While riding a motorcycle should be fun, it is also important that active-duty Airmen stay safe during the summer.

Individual responsibility starts with you.

For more information about safety requirements, call Wing Safety at 552-4244.



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Meal time

Airman 1st Class Daniel Lummus, 3rd Component Maintenance Squadron, prepares his food at the Kenai Dining Hall. Meal card holders working on the north side of the base will be authorized to order ground support box meals during the Fairchild Avenue road closure. This will ease the long drive through detours. Call the Kenai Flight Kitchen at 552-4734 to order. To see the menu, log on to the 3rd Services Squadron Web page under “Dining Facility,” “Carryout Meals.”

Arctic Warriors receive NJP

Article 15s:

A senior airman from the 962nd Airborne Air Control Squadron was involved in an unprofessional relationship with a SNCO, committed adultery and made three false official statements. Her punishment was a reduction to airman, suspended reduction to airman basic, suspended forfeiture of \$636 pay for two months, and a reprimand.

A technical sergeant with the 962nd AACS received a vacation action for violating a lawful general regulation by wrongfully defacing an official Air Force website. A vacation action imposes a suspended punishment from a previous Article 15. His punishment was 30 days extra duty.

A senior airman from the 3rd Aircraft Maintenance Squadron received a vacation action for dereliction of duty in that he failed to empty trash, clean the floor and turn off the lights. A vacation action imposes a suspended punishment from a previous Article 15. His punishment was a reduction to the grade of airman first class, and forfeiture of \$200 pay for two months.

An airman first class from

the 3rd Civil Engineer Squadron operated a vehicle while drunk and was drunk and disorderly. Her punishment was a reduction to the grade of airman, forfeiture of \$250 pay for two months and a reprimand.

A senior airman from the 3rd Equipment Maintenance Squadron failed to obey a no contact order. His punishment was a suspended reduction to the grade of airman first class, suspended forfeiture of \$797 pay for two months, and 14 days extra duty.

A staff sergeant from the 3rd CES disobeyed a lawful order given to him by a SNCO and was drunk and disorderly while on temporary duty. His punishment was a suspended reduction to senior airman, forfeiture of \$250 pay for two months and a reprimand.

A senior airman from the 3rd Aircraft Maintenance Squadron was absent from his place of duty on two occasions and was derelict in his duties. His punishment was a reduction to airman first class, suspended forfeiture of \$200 pay and 21 days extra duty.


Discharges:

An airman basic with the 3rd CES was administratively dis-


charged for a pattern of misconduct. The member's misconduct included an Article 15 for failure to obey a lawful order and dereliction of duty, and a vacation action for absenting himself from his appointed place of duty for three days. He has received four Letters of Reprimand and four Letters of Counseling for misconduct consisting of being derelict in the performance of his duties, not going to his mandatory study sessions on multiple occasions, and making a false official statement. The member's misconduct resulted in a general discharge.

A senior airman with the 3rd CES was administratively discharged for drug abuse. The member's other misconduct included two Letters of Reprimand and three Letters of Counseling for disobeying lawful orders and being late to work twice. The member's misconduct resulted in a general discharge.

A senior airman with the 3rd CES was administratively discharged for failure in the Fitness Program. The member received three Letters of Reprimand for poor results on the Fitness Program. The member's failure in the Fitness Program resulted in an Honorable Discharge.



Sourdough Spotlights



2005 U.S. Air Force Outstanding Personnel Manager of the Year
Senior Master Sgt. David Carlson
Base Lever Personnel Superintendent


2005 U.S. Air Force Career Assistance Advisor of the Year
Senior Master Sgt. Daniel Chadwick

Military Child Appreciation Essay Contest

Teen Category
Joel Marselus
Rebecca Marselus

Preteen Category
Seth Marselus
Amanda Hayes

Congratulations





Disposition of personal effects

Capt. Heather Fennel, 381st Intelligence Squadron, is authorized to make disposition of the personal effects of Airman 1st Class Christopher Lee Anderson, 381st IS, as stated in AFI 34-244.

Any person or persons having claims for or against the estate of the deceased should contact Captain Fennel at 552-8277.

Change of command

■ The 611th Civil Engineer Squadron change of command ceremony begins at 10 a.m. May 24 in the Susitna Club Ballroom. Lt. Col. Kenneth P. Smith will relinquish command to Lt. Col. Charles K. Busch.

A reception honoring Lt. Col. Busch will follow.

Office closures

The following 3rd Security Forces Squadron offices will be closed for training today:

- Installation Security Section
- Pass & Registration Section
- Reports & Analysis Section
- Personnel Security Section
- Information/Industrial Security Section.

For more details, call Staff Sgt. Christopher Knabe at 552-6576.

Fun run/PT test

The 3rd Wing will host a Fun Run/PT test Monday on runway 06/24 at the AMC Passenger Termi-

nal. The 1.5 mile portion of the PT test will be administered in heats beginning at 7 a.m. The fun run will begin at 8 a.m. Family members are welcome for the Fun Run.

For more information, call 2nd Lt. Jerry Yarrington at 551-0007, or 1st Lt. Jennifer Wallisa at 552-4265.

Operation Family TopCover

The Elmendorf CARE Team and Armed Services YMCA are sponsoring a mock deployment experience for the kids 11 a.m.-1 p.m. May 19 at the Joint Mobility Complex at Bldg. 15510 29th Street. Free dog tags, t-shirts, refreshments and military displays.

For more information, call 552-8476.

Road closures

■ Due to housing construction in the New Denver development, Luke and McCloud Avenues, near Mt. Spurr Elementary, are closed between 16th and 17th Streets until November.

For more details, call Dan Eckert at 552-2466.

Asian-Pacific Islander committee

May is Asian Pacific Islander Observance Month. The committee is seeking volunteers to help them make this a successful observance month. Everyone is welcome to be a part of the committee.

For information or to volunteer,

call Staff Sgt. Denise Willhite at 552-2906, Airman Jennifer Cortez at 552-3789, or Airman Chainda Menhall at 552-3844.

Volunteers needed

Arctic Thunder, Elmendorf's air show and open house, is Aug. 12-13.

The air show team is seeking volunteers for various tasks. People interested in helping should call 552-5324 or 552-5414, or e-mail 2nd Lt. Joseph Douglass at joseph.douglass@elmendorf.af.mil or Senior Master Sgt. Richard Lister at richard.lister@elmendorf.af.mil.

For more details about the event, call 552-SHOW (7469).

VA Wheelchair Games volunteer training

Training sessions are now in session for volunteers of the 26th National Veterans Wheelchair Games in Anchorage July 3-8. In addition to the training being held downtown, there are two available for Elmendorf. They are at 2 p.m. Saturday and 6:30 p.m. May 24.

Volunteers can register for the session by e-mailing Leanne Rowley at leanne@alaskadestinations.com.

Limited service at Self-Help Store

Due to reduced manning, the Self-Help Store, 5250 Gibson Ave., hours are limited May 8-

September 30. The store is open for over-the-counter material issue to facility managers 1-4 p.m. Tuesdays and Thursdays.

For emergency issues when the store is closed, customers can call the 3rd Civil Engineer Squadron CEMAS store at 552-5778.

If customers need power or training tools for small projects, e-mail Master Sgt. William Haley at *william.haley@elmendorf.af.mil* to set up an appointment. For larger projects requiring technical assistance for electrical, structural or plumbing work, CE is unable to provide support until October 1.

Military appreciation

Mat-Su Valley Chambers of Commerce are having a military appreciation picnic 11:30 a.m.-2:30 p.m. May 20, Armed Forces Day, at the National Guard Armory on Bogard Road, just east of Seward Meridian in Wasilla.

The picnic is open to all military members and their families from all branches of service. Activities will be provided for the children and a ceremony begins at 1 p.m.

For more details, call Bert Hall, Wasilla Chamber of Commerce, at 373-4611.

Bargain Shop and Airman’s Attic

Closure of the intersection at Fighter Drive and Fairchild Avenue has resulted in detours around the Bargain Shop and Airman’s Attic. To

get to the entrances, follow the detour signs to Doolittle Avenue and turn right on the access road behind Matanuska Hall. This enables drivers to reach the main entrance and parking area behind Denali Hall.

Summer hours are 10 a.m. - 2 p.m. Mondays and Wednesdays beginning June 12. Consignments are accepted from 10 a.m. to 1 p.m. Wednesdays.

Home buying seminar

The Elmendorf Housing office is offering a home buying seminar at 1 p.m. Monday at the Housing Office, 6346 Arctic Warrior Drive. The class lasts approximately 2 to 3 hours.

Seating is limited; call 552-4439, 552-4328 for reservations.

Yard Supplies

The U-Fix-It store will soon be offering Alaska blend seed, fertilizer, weed killer and lime to all Aurora Housing occupants to help revitalize their yard. Treated landscape timbers will also be available for those who wish to put in flower beds.

Quantities and specific dates of availability will be provided by the U-Fix-It store, 743-9070.

Community assessment survey

The Integrated Delivery System Working Group is sponsoring the 2006 Community Assessment Survey of servicemembers, spouses, reservists, and reserve spouses.

The survey is open to all military spouses, while active-duty

participants must have an invitation. A notification letter that includes a link to the Web-based survey will be sent to the work e-mail address of each active-duty member selected to participate. Participation is crucial to the success of the project; selected servicemembers are strongly urged to take part.

Military spouses wishing to participate can access the survey at *www.spouseAFCAsurvey.com* until June 23.

Suicide prevention

A suicide prevention briefing is being held at 3 p.m. May 24 at the base theater.

Vacation Bible School

The Base Chapel is sponsoring a Vacation Bible School from 9 a.m.-noon June 12-16 at Chapel One.

For more information, call Peggy Brown at 646-4279.

Child safety seat inspection day


The 3rd Medical Group is sponsoring a child safety seat inspection day from 10:30 a.m.-2 p.m. May 20 at the Base Hospital.

The inspection is free and refreshments will be provided.

Case lot sale

The Anchorage Area Commissary is having a case lot sale from 10 a.m. to 7 p.m. today-Saturday.

For more information, call 580-4425.



Chapel Schedule

Catholic Parish

- Monday through Wednesday and Friday Mass: 11:30 a.m. at the Chapel Center
- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 5 p.m. at Chapel 2
- Confession: 4:30 p.m. Sundays at Chapel 2
- Catholic Religious Education: 9 a.m. Sundays at the Chapel Center.

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Traditional Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chapel 1
- Contemporary: 6 p.m. at Chapel 1
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.



PHOTO BY AIRMAN 1ST CLASS DE-JUAN HALEY

Tech. Sgt. Eugene Lazar

Organization and duty title: 176th Air Control Squadron assistant NCOIC identification section
Hometown: Moreno Valley, Calif.
Hobbies: Spending time with family and friends, camping, fishing, and our family business
Mission contributions: Responsible for timely and accurate identification of all air traffic within the Alaska North American Aerospace Defense Command Region daily operations and contingency support.
Time at Elmendorf: Seven years, six months
Time in the Air Force: 13 years
Best part about being in Alaska: The view, air, mountains, people, mission, camping, fishing, sledding, barbecues, the aurora, the midnight sun, and sharing it all with family and friends.
Quote from supervisor: “Sergeant Lazar is an awesome NCO; he consistently demonstrates the highest qualities of professionalism and leadership. Gene has a great work ethic that is infectious, he motivates all of us to try and keep up with him. He is truly the ultimate Alaska Guardsman.” Master Sgt. Jeanette Gonzalez



PHOTO BY AIRMAN JONATHAN STEFFEN

Tech. Sgt. Danny Rodriguez

Organization and duty title: 611th Air Operations Squadron NCOIC training section
Hometown: Bronx, N.Y.
Hobbies: Watching Yankee games with my family, fantasy football and mountain biking
Mission contributions: Maintains records and forecasts, schedules training for Alaskan NORAD Region’s Air Operations Center, ensuring that command and control of air intercept assets is as efficient and effective as possible.
Time at Elmendorf: One year
Time in the Air Force: 14 years, four months
Best part about being in Alaska: The view
Quote from supervisor: “Sergeant Rodriguez is the backbone of the squadron, wired into everything we do. He is the epitome of the professional NCO and it’s a true pleasure to work with him on a daily basis.” Lt. Col. Marc Truswell

Arctic Warriors celebrate National Nurses Week

May 6 kicked off National Nurses Week. Why May 6? What better day than the day that honors Florence Nightingale's birth.

Florence Nightingale served as a military nurse during the Crimean War of 1854. Like Florence Nightingale, today's Air Force nurses and medical technicians continue serving our country in many ways around the globe.

Contributions from our nursing professionals to the most feared Air Power in the world are provided by the greatest caregivers in the world.

In 1982, President Reagan signed a proclamation to make May 6th a national day for recognizing all those in the nursing field.

Here are just a few reasons why ... 24/7 compassionate care givers, patient educators, patient advocates and health promoters.

Nurses are involved in all areas of health care from prevention, anesthesia, labor and delivery, mental health care, hospice, and many others. Nursing provides care for the chronological spectrum of life;

from premature infants to geriatrics.

Military nursing has its own unique role.

Nurses and medical technicians find themselves conducting business in some unconventional places such as the back of cargo planes, hospital ships, tents in the desert, and a variety of other contingency settings.

Nurses will be the first to say that nursing, and specifically military nursing, is not for everyone. Many will say it was a calling, a vocation.

The reward of optimizing a population's health with patient education, preventative measures, treatment and care makes all the difference for many nurses and medical technicians.

That is what motivates the nursing profession.

Here at the 3rd Medical Group, keeping our warriors fit to fight, and caring for Team Elmendorf members is the motivator.

(Courtesy of the 3rd Medical Group)



Clockwise from top right: Capt. Christine Solomon, 3rd Medical Group, talks with a patient. Capt. Solomon is a nurse with the Multi-Service Unit at the Elmendorf Hospital. Elmendorf celebrated National Nurses Week Monday-today.

Staff Sgt. Derek Dowdell, 3rd MDG aerospace medical technician, runs some tests on medical equipment. In 1982, President Ronald Reagan declared May 6 a National Day for recognizing those in the nursing field.

Senior Airman Paul Koepp, 3rd MDG aerospace medical technician with the Ambulatory Procedure Unit, takes a patient's blood pressure.

Airman 1st Class Chirron McFadden, 3rd MDG medical technician, ensures supplies are stocked and ready when needed.

Photos by Airman 1st Class De-juan Haley

Sailing the seas of friendship

New Japanese sailors make Anchorage first stop on tour

By Master Sgt. Tommie Baker
3rd Wing Public Affairs

A five-month goodwill visit and naval training cruise for nearly 200 newly graduated Japanese midshipmen began with their first port of call here at Anchorage.

A training squadron from the Japan Maritime Self Defense Forces, composed of two training vessels and one destroyer rested in port May 2-5.

The flagship *Kashima*, along with the vessels *Amagiri* and *Yamagiri*, carry nearly 800 officers, trainees, and crewmembers.

The purpose of the training cruise is to strengthen relations between Japan and the seven countries they'll visit. Along with strengthening relationships, the new cadets will receive training in the areas of leadership and seamanship and will gather navigation training and orientation on the customs and cultures of various countries.

"The training ships visit Anchorage and Elmendorf every four years," said Mr. Gary Hoff, Alaskan Command plans and policy officer and project officer for this visit. "I am always impressed with the quality of the cadets. They had many excellent questions during briefings and while meeting personally with U.S. military officers."

While in port here, the crews were granted liberty and many of the midshipmen enjoyed

their time off of the ships by joining Elmendorf servicemembers in softball and volleyball games.

"This was an excellent venue to get some exercise and have a fun day. The scores of the games did not matter. It was an excellent opportunity for the Japanese and Americans to get to know each other," said Mr. Hoff.

Also, the JMSDF Band, in concert with the U.S. Air Force Band of the Pacific and the Sand Lake Elementary Tomodachi Daiko, a traditional Japanese art form showcasing the harmony of discipline, drumming and movement, performed at the Discovery Theatre May 4.

Senior leadership from the JMSDF Training Squadron made courtesy calls to military and elected officials and visited the National Cemetery at Fort Richardson to honor U.S. and Japanese servicemen who died in the Aleutian campaign during World War II.

Following their stop in Anchorage, they will continue their tour by visiting six other ports in the United States, Galveston, Texas, Tampa, Fla., Boston, Mass., Baltimore, Md., San Diego, Calif., and Pearl Harbor, Hawaii, as well as ports in Canada, Mexico, Panama, the Dominican Republic, and Honduras. The Squadron is scheduled to return to their homeport of Kure, Hiroshima Prefecture, Japan, on September 5.

In all, the Squadron will travel about 24,650 nautical miles.



Bottom right: Petty Officer 2nd Class Nakaya Hisashi, Japan Maritime Self Defense Force Band, sings for the crowd at the Discovery Theatre May 4. The JMSDF band, the U.S. Air Force Band of the Pacific and the Sand Lake Elementary Tomodachi Daiko joined together to entertain local citizens.

Bottom left: French horn performers from the PACAF Band and the JMSDF Band perform together.

Left: Japanese Petty Officer 3rd Class Tomonori Takenaka and Staff Sgt. Jason Baedke, spend a few moments visiting backstage.

Above: The Tomodachi Daiko showcase their harmony of discipline, drumming and movement. The Anchorage Tomodachi Daiko is made up of 65 students and 25 adults from the Anchorage area and has performed for the Consulate-General of Japan, Anchorage School District, International Special Olympics and more.

Top right: The PACAF and JMSDF conductors prepare to lead their performers. The JMSDF spent May 2-4 docked in Anchorage. The training group is on a 5-month goodwill expedition, with Anchorage as the first stop.

In Text: A JMSDF performer plays the clarinet.





Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community

Mother's Day Out

Pamper Mom this Mother's Day with a spa day including massage, nails, hair and makeup; cooking demonstrations; home decorating advice; great food and much more (demonstrations and vendor participation subject to change)



10 a.m.-2 p.m.
May 20
Susitna Club

Tickets \$40 at Arctic Oasis, 552-8529

Bring your *Passport to Fun* to this Customer Appreciation Celebration event

Bike Rides with Outdoor Recreation
depart 5:30 p.m.
Monday Night Road Bike
Thursday Night Mountain Bike

\$5 bike rental
552-2023



Sport Fishing

Day at the Library

10 a.m.-3 p.m.

May 16

Get your fishing license

AK Fish & Game presentations

Demos by Cecelia "Pudge"

Kleinkauf of "Women's Fly Fishing"

Fly tying demonstrations by Outdoor Recreation

Base fishing information from the Base Wildlife Office

Fly fishing techniques demonstrated by Professor Dave Little of University of Alaska Anchorage

Display by AAFES and Elmendorf Base Library



Air Force Services
Library
Information System
GLOBAL INFORMATION * GLOBAL KNOWLEDGE

Today

Bike Maintenance Clinic 4:30 p.m., \$5, sign up at Outdoor Recreation, 552-2023

Beginner Crochet "Baby Things" 6:30-8:30 p.m. also May 26, \$35, bring "J" hook and yarn, Arts & Crafts, 552-7012 or 552-2470

Bench Your Own Body Weight Competition noon, sign ups and weigh in at 11 a.m., prizes and T-shirts, bring your *Passport to Fun* to this Customer Appreciation Celebration event, Fitness Center, 552-5353

Texas Hold 'Em and Bingo 6 p.m., Grand Prize Tournament May 19, adults only, Kashim Club, 753-6131

Basic Automotive Service Class 5 p.m., by appointment, \$20, Auto Hobby, 552-3473

Club Member Social Hour 5-6 p.m., adults only, Kashim Lounge, 753-6131 and The Cave, 753-3131

Saturday

Kids' Corner "Painting" 1-3 p.m., ages 3-10, \$15, Arts & Crafts, 552-7012 or 552-2478

Xtreme Bowling with a DJ 9 p.m.-1 a.m., \$18 includes shoe rental, Polar Bowl, 552-4108

Outdoor Recreation Open House 10 a.m.-2 p.m., fly tying seminars and a barbecue, Outdoor Recreation, 552-2023

Watercolor I "Flower and Dew Drops" 11:30 a.m.-3 p.m. also May 27, \$45 plus supplies, Arts & Crafts,

552-7012 or 552-2470

Oil Painting "Mountain Scene or Northern Lights" 11 a.m.-3 p.m., \$45, bring 16- by 20-inch canvas, Arts & Crafts, 552-7012 or 552-2470

Sunday

Meet the Pros Day 10 a.m.-1 p.m., welcome back Rob Nelson (Nelly) and meet our newest teaching professional Rick Golden, free five-minute lessons available, Eagleleglen Golf Course, 552-3821

Mother's Day Brunch 10:30 a.m.-1 p.m., \$21.95 *Members First* price, \$24.95 regular price, \$9.50 for ages 6-12, a customer appreciation celebration event, Susitna Café, 753-3131

Ping @Demo Day 10 a.m.-2 p.m. at the practice facility, free club fitting and trials with the Ping Man Kelley Barclay, Eagleleglen Golf Course, 552-3821

Mother's Day Special 10 percent off for Mom's on most purchases, Eagleleglen Golf Course, 552-3821

Monday

Lunchtime with a Vendor 11 a.m.-1 p.m., meet representatives from Renown Tours, make your reservations at a special rate, Information, Tickets and Travel, 552-0297

Junior Golf Sign Ups Begin six-week program for youth age 7-17, \$80 for military dependent first child and \$90 for civilian first child, \$20 discount for subsequent siblings, includes certificate

and a fun golf event, space limited, sign up early, Eagleleglen Pro Shop, 552-3821

Kenpo Karate 6-7 p.m. for ages 4-18 and 7-8 p.m. for adults, \$30 per month, Arctic Oasis, 552-8529

Tuesday

Ceramics "Hang Time" 10:30 a.m.-2:30 p.m., ages 14 and up, \$15 per day plus supplies, call to reserve a time slot, Arts & Crafts, 552-7012 or 552-2470

Mildly Ill Provider Open House 11 a.m.-1 p.m., meet Nel Rubbico, 6960-D Campos, Family Child Care, 552-3995

Wednesday

Basic Fly Tying Class 6-9 p.m. \$15, Outdoor Adventure, 552-2023

Intro to Framing 5:30-9:30 p.m., \$45, bring 8- by 10-inch picture or smaller, limit five people, Arts & Crafts, 552-7012 or 552-2470

New Parent Orientation 9:30 a.m. at all Child Development Centers

Beaded "Simple String Work" 6:30-8:30 p.m., \$25 plus kit, Arts & Crafts, 552-7012 or 552-2470

Thursday

Ceramics "Hang Time" 10:30 a.m.-2:30 p.m., ages 14 and up, \$15 per day plus supplies, call to reserve a time slot, Arts & Crafts, 552-7012 or 552-2470

Boss and Buddy Night 4:30 p.m., compete for large, medium and small squadron awards, Kashim Club, 552-6131

Now Showing

Today 7 p.m. PG-13

Larry the Cable Guy

Larry is a big city health inspector who is happy with his usual beat of greasy spoon diners and low-rent ethnic restaurants.

Today 9:30 p.m. R

Inside Man

Tough cop, Detective Frazier matches wits with clever bank robber Dalton as a dangerous cat-and-mouse game unfolds.

Base Theater Grand Reopening
See 1st Sgt., ASYMCA or AAFES
Customer Service for tickets

Saturday 7 p.m. PG

Over the Hedge

RJ the Raccoon has a problem. Having been caught rummaging through Vincent the Bear's huge stockpile of junk food, RJ has been able to bargain for his life only by promising to replenish Vincent's stash in a week.

Sunday 7 p.m. PG-13

Stay Alive

After the mysterious brutal death of an old friend, a group of teenagers find themselves in possession of "Stay Alive," a next generation horror survival videogame based on the true story of a 17th-century noblewoman known as "The Blood Countess."

All showings are at the Talkeetna Theater

Adults: \$3.50 Children: \$1.75

Movie Recording Line: 552-2344

Military Appreciation

By **Capt. Tony Wickman**
71st Flying Training Wing Public Affairs

Across

1. Ottoman Empire provincial gov-
ernor
4. ___-jongg
7. Chinese Communist leader and
theorist Zedong
10. Proportion
12. Air University state, in short
13. Sick
14. Start of General Douglas
MacArthur quote
18. Burden of proof
19. Fry briefly in high heat
20. Part 2 of quote
26. Anger
27. Mock
29. Rocky’s wife
32. Enthusiastic vigor
33. Part 3 of quote
38. Set of computer routines in
read-only memory for startup

S	O	B				A	R	I	A			T	K	O							
C	H	O	I			B	L	O	C	H		A	E	O	N						
A	N	O	N			A	K	A	K	A		L	A	N	E						
T	O	T	O			G	Y	M				E	L	K	O						
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A	R	G	Y	L	L					C	H	A	W	L	A						
S	A	L	E	P						D	A	M		S	E	L	F				
A	K	A								K	I	M				V	I	A			
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						D	E	N	T	I	N				T	E	R	S	E		
										D	A	N			A	R	E	A			
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H	U	G	E			R	O	M	A	N						E	R	I	N		
H	E	R	S				I	R	I	S	H					S	O	O	T		
S	Z	E					B	E	T	H						S	T	E			

May 5 solutions

39. Bother
40. RQ-1 and RQ-4 mission
41. ___ Vegas
42. Part 4 of quote
52. Speak one’s mind
53. Official literary language of
Pakistan
54. End of quote
60. A Stooge
61. In debt to
62. Singing group member
63. Vegetable
64. Standard time in seventh time
zone west of Greenwich
65. Toner

Down

1. Prohibit
2. NY Giant Manning
3. Affirmative
4. Airport home to
Ganci Air Base
5. AETC base
6. Caribbean island
7. USAF website ending
8. Pub order
9. Ancient
10. Profanity
11. Money
14. ___ Another Teen Movie
15. Lennon’s bride
16. Compass point 112°30 east of
due north
17. Perfect score
21. Ireland, formerly
22. Cheese type
23. Pb on Periodic Table
24. Windstorms
25. Health resorts
28. USN rank

				1	2	3			4	5	6			7	8	9	
			10	11						12				13			
14	15								16					17			
18									19								
20					21	22	23							24	25		
					26									27		28	
			29	30					31				32				
33	34									35	36	37					
38									39								
40																	
	42			43	44	45	46	47						48	49	50	51
54	55	56								57	58	59					
60																	
63																	

29. Before now
30. Emergency room attendants
31. Japanese dance-drama
32. Golfer Ernie
33. Japanese sash
34. Cold-blooded aquatic
vertebrate
35. African country
36. Russian river
37. Space org.
43. Strike
44. Erasable and programmable
read-only memory
45. Watches

46. Object within another
47. Mild exclamation of surprise
48. Gen. Anthony McAuliffe re-
sponse to surrender at Bastogne
49. Instrumental music combo
50. Wedding words
51. Convent denizen
54. Urchin
55. Shoe part
56. Ocean part
57. Baseball stat
58. Covered or enclosed truck or
wagon
59. Inquire

SPORTS PAGE

Arctic Warriors, Japanese sailors play pickup game



PHOTOS BY TECH. SGT. KEITH BROWN

Sailors from Japan's Maritime Self Defense Force and servicemembers from Alaskan Command played friendly games of softball and volleyball May 4. Anchorage was the first port of call on a four-month goodwill visit and training cruise for the crews of the destroyer *Kashima* and the training vessels *Yamagiri* and *Amagiri*. While here, they also took part in a memorial ceremony at Fort Richardson National Cemetery, visited with 3rd Medical Group members at the base hospital and performed in a joint concert with the U.S. Air Force Band of the Pacific for the public in Anchorage. The next port of call for the Japanese ships will be Esquimalt, Canada. They will also visit Mexico, Honduras, Panama, Dominican Republic and several U.S. cities before their last port of call at Pearl Harbor, Hawaii in August.

Sport Shorts

Mountain bike ride

Outdoor Recreation is sponsoring Mountain Bike rides at 5:30 p.m. Mondays and Thursdays. Bike rentals are available for \$5.

For more information, call Outdoor Recreation at 552-2023.

Arctic Warrior Olympics

■ Points of contact are needed for several Arctic Warrior Olympics events.

Anyone interested in volunteering should contact 2nd Lt. Ranjodh Gill at 580-1901 or ranjodh.gill@elmendorf.af.mil.

■ The Arctic Warrior Olympics committee is looking for feedback regarding the types of events for the olympics. The survey is located at <https://portal.elmendorf.af.mil/units/AFLocal/AWO/Lists/AWO%20Event%20Priority/overview.aspx> from a government computer.

Outdoor Adventure Program

Hiking, biking, kayaking and rafting are a few of the adventures sponsored by the Outdoor Adventure Program. OAP is located inside Outdoor Recreation.

For more information call 552-2023.

Bike maintenance clinics

Outdoor Recreation is sponsoring bike maintenance clinics at 1 p.m. Saturday, 4:30 p.m. May 12 and 10 a.m. May 27.

The class is \$5 and teaches the basics of bike maintenance. For more information, call 552-2023.

Armed Forces Day Fun Run

There will be an Armed Forces Day Fun Run at noon May 20 in the Joint Military Mall parking lot. Prizes will be given away as part of this

3rd Services Squadron Customer Appreciation Celebration. The first 30 runners who sign up at 11 a.m. will receive a t-shirt.

For more information call the Fitness Center at 552-5353.

Junior golf signups

Junior golf signups start Monday. There will be two clinics. The first will be 7:30 - 9 a.m. Tuesdays June 13-July 18. The second is 7:30-9 a.m. daily July 24-28.

Cost is \$80 for military dependant children, \$90 for civilian dependant children and a \$20 discount for subsequent siblings.

For more information call the Eagleglen Golf Course at 552-3821.

Meet the golf pro

Meet Rob Nelson and Rick Golden from 10 a.m. to 1 p.m. May 14 at the Eagleglen Golf